

# SOUTH AUSTRALIAN FEMALE FOOTBALL ACADEMY

SAWFL  
SOUTH AUSTRALIAN  
WOMEN'S FOOTBALL LEAGUE

## U12 / U15

### Who:

All girls born between 1<sup>st</sup> January 1997 – 1<sup>st</sup> January 2003.

### When:

**Sunday fortnights starting on the 4<sup>th</sup> November**

Before Xmas - 4<sup>th</sup> Nov, 18<sup>th</sup> Nov, 2<sup>nd</sup> Dec & 16<sup>th</sup> Dec

After Xmas - 13<sup>th</sup> Jan, 27<sup>th</sup> Jan, 10<sup>th</sup> Feb & 24<sup>th</sup> Feb

### Where:

Alberton Oval- Brougham Place, Alberton  
& Point Malcolm Reserve (Beach Sessions on 16<sup>th</sup> Dec & 13<sup>th</sup> Jan)

### Includes:

Eight training sessions, Training Top, Use of AFL Training Facilities & Two Dinners

### Cost:

\$120 per person

The 2012/13 Female Football Academy is a Summer Football Program run on Sunday's every fortnight for eight sessions. Six sessions will be at Alberton Oval using the Port Adelaide FC training facilities, whilst two training sessions will be at the beach. The participants will spend the sessions learning the skills of AFL Football, whilst undertaking specialist training sessions. Some of the sessions include; skills coaching, fitness, umpiring, team work & game awareness. The Academy is run by qualified Female Football Coaches, and Female Footballers from the South Australian Women's Football League (SAWFL).

## U12 / U15 (please circle)

Name.....

D.O.B.....

Address.....

Home Phone.....

Mobile.....

Email.....

☐ I give permission for ..... (name) ..... to have her photos used by the SANFL & SAWFL for publications, media releases and website material (SANFL website, Facebook, etc) up until the end of the calendar year, following the completion of the program.

Parent/ Guardian Signature.....

Date.....